

# NORTHAMPTON

HIGH SCHOOL





2023

FALL
SPORTS & ACTIVITIES

## Football team eyeing elusive D-11 title

BY JEFF MOELLER

Special to the Press

The missing piece.

For the past two ears, Northampton's football team has won 24 games and lost only four. There aren't many teams in the greater Philadelphia area that can claim that kind of record. Unfortunately, the Konkrete Kids had both of those previous seasons end sooner than expected.

This season, the Kids have a district championship in their crosshairs. A loss in the second round of the district playoffs brought an abrupt end last season.

With a group that has been playing together for a long time, a long-awaited district crown is at the top of the

"We all believe we can get there," said Caden Henritzy, who has rushed for nearly 2,300 vards with 32 touchdowns over the past two return at linebacker. to force our opponent to

we have to do, and we're help solidify the secondall very hungry to get ary.

Billy Stuhldreher and

ing together since we starters at linebacker were very young, and as well as Henritzy and we know each other Bierv at defensive ends well. We just have to and Williams in the secstay focused."

A.J. Slivka, who has fense the past few sea- duties. sons, will step into a sporadic time last year.

open at wide receiver.

year starter on the line, the ball out and utilize and he'll be joined by re- all our talent, forcing turnees Gavin Crell and teams to defend the en-Jacob Biery. Jacob Ladd tire field. and Kaden garis will be first-year starters.

years. "We know what Pinnock and Williams

"We have been play- Devin Chevere are new ondary.

Aaron Gutkowski been a standout on de- takes over the kicking

Head coach John Tofull-time role at quarter- man likes the makeup back after he saw some on both sides of the ball.

"We return starters Tristen Pinnock is back or significant experiin the backfield with ence at every position," Henritzy along with he said. "We feel any of our skills has the ability Mike Coleman and to go distance, and we Tymir Williams will will work to keep everyone involved. The key to Colby Reph is a three-success will be to spread

"We will focus on On defense, Reph and assignment football not Biery are back, and Sliv- giving our opponent ka and Brett Rickert will any big plays. We want



QB A.J. Slivka, left, fakes a handoff to Tristen Pinnock, right, during a game last season. Both players return this year to help lead the Kids as discipline and playing they try to make a deep run in the playoffs.

drive the field and not make a mistake."

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Tymir Williams is back for his junior season.

## Golf team has high expectations in 2023

BY SCOTT PAGEL spagel@tnonline.com

This has been the year head coach Brian Davies has had an eye on for a bit, now.

The Kids golf team returns seven starters from last season, all of which are juniors and seniors.

"We were District 11 runners-up last season and we are hoping to make a run at a league and district championship as a team, as well as competing for individual championships," Davies said. "We probably have the deepest team in the EPC.'

Needless to say, expectations are high for this group.

Key returners include junior Gavin Pychinka, senior Trent Moyer and senior Michael Seidick.

"All three have sev-

experience and will look early match last week, to shoot in the low 70s and while the Hornets in every match," Davies are always a formidable

members include senior team was led by Pychin-Justin Edwards, junior ka's 74 with Moyer and Kohler Strohl and ju-Seidick shooting 76. nior Jayden Bleiler.

"All three will look to average in the upper ing a match, which took 70s," Davies said.

expectations are high, cial edition. there is a part of Davies who wants to keep strong teams this year, things in perspective.

ers are clicking at the on Monday, Aug. 21, same time, we are an may determine who will unbeatable team," he win the league this seasaid. "But after 10 years son. of coaching golf, I know that consistency is dif-pionship will be even ficult, only surpassed more difficult due to by winning champion- the possible inclusion of ships. So I don't take strong Colonial League anything for granted."

The Kids managed to teams."

eral years of postseason knock off Emmaus in an opponent, NHS won by Other important team 21 strokes, 382-403. The Strohl had a 77.

Davies was next eyplace Aug. 21 - past Press While confidence and deadlines for this spe-

"There are several however, I believe our "If all of our top play- match against Nazareth

"A district chamand Schuylkill League



Trent Moyer is a key, returning senior for the golf team.

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Michael Seidick is another key golfer back for the Kids.



Raegan lasiello is expected to help lead the way in scoring.

Ella Steirer is back for the field hockey team this season.

## Lots of starters back for field hockey team

BY TOM WENBORG

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Northampton field hockey team has been one of the most consistent programs at the school, finishing with a winning record every year since the formation of the current EPC.

For the past three years, they had been able proach.

to rely on Kadee Schradback to the postseason.

Saul explained the ap-

"We return a wealth er, a 3-time 1st Team All- of starters on the field, EPC selection in goal to nine," she said. "A lot of With Schrader's gradua- sophomores have varsihave in goal.

"Goalie is a tough position.", Saul continued. of higher scoring have "I feel that my senior, a lot to look forward to Raegan Iasiello will lead give them a chance to the juniors and seniors junior, and incoming compete in every game. and even some of the freshman goalies have stepped up to the plate formation this year betion, the squad will look ty experience from last because they realize to another path to get year even if they weren't that it's their time to starters. That will help perform. They're rising Head coach Carrie to make up for some of to the challenge and I'm work off of each other's the uncertainty that we excited to see what they

Fans of high-scoring damage this year." this season.

"We are trying a new cause I have kids that have higher hockey IQs that know the game and talents," Saul said. "We can do some offensive

the way for the K-Kids. The twins were 2nd team All-EPC as juniors. Both have committed to play field hockey at Bloomsburg in college.

## Girls tennis looks to improve this fall

BY SCOTT PAGEL

spagel@tnonline.com

The tennis team is back this fall looking to build off a season where they went 4-12 a year ago in the always-tough EPC.

"Last year the girls Coach Bowman. tennis team went 4-12. We are hoping to improve our record this season. The girls have been working hard in the offseason," said head

Northampton some key, returning Those players are: Jenplayers from a year ago. na Gower, Rachel Bot-However Press dead- tone, Emilee Gaughran, lines this year were too Ella Flood, Emily Kemearly for positions to be merer, and Claire Lack. sorted out at the time for

and Joy Samaan.

The girls will feature deadlines.

coach Daniele Bowman. a bunch of newcom-The Kids do have ers as well this season.

The kids kicked off their first practice of The returning play- the season back on Aug. ers are Toni Bubier, Ava 14 and their first match Grell, Mya Cruz, Ava is August 21 at home Aulisio, Gianna Lorenz against Stroudsburg, which came after Press



PRESS PHOTO BY LINDA ROTHROCK

#### **Band**

The NHS band gets in a practice session earlier this summer.

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#### K-Kid cheerleaders ready for a busy fall

BY SCOTT PAGEL spagel@tnonline.com

Mia Guadagnino is the new head coach of the NHS cheering program.

This year, there are 66 girls in the program, with 23 on the varsity, 29 on JV and 14 in middle school.

Varsity cheerleaders for this season are: Abigail Enstrom (12), Abigail Loch (12) - Captain, Jianne Meyreles (12), Makayla Miranda (12), Rosalia Passanisi (12) - Captain, Alyssa Russell (12) - Captain, Sophie Burkhart (11), Ava Clapp (11), Bryana Fenstermacher (11), Rileigh Hudson (11), Isabella Kish (11), Aaliyah Kleintop (11), Mylea Lambert (11), Kayla Lesisko (11), Emily Metz

(11), Savana Williams (11), Addison Gardner (10), Treasure Kelly (10), Chloe Kunsman (10), Gabby Rothrock (10), Aubrey Dochat (9), Hannah Flamisch (9) and Ella Schrampf (9).

Some upcoming events for the team are: the first varsity game, Friday, Aug. 26, at Central; the first varsity home game, Thursday, Sept. 7, vs. Stroudsburg; the first JV game, Monday, Aug. 28, at 5:30 at home vs. Central and the first middle school at home vs. Nazareth.

Valley.

cheerleading alumni line."



PRESS PHOTO BY LINDA ROTHROCK

game, Satudray, Sept. 9, The Northampton cheerleaders get in an August practice before the start of football season.

There are some spe- will cheer along side of cial events planned as the varsity team for the Area Cheer Challenge tition at the high school. coach is Marina Schrap. well. Alumni Night is first half of the home-will take place Sunday, A variety of teams are Volunteer Coaches Friday, Oct. 6, at 7 p.m. coming game," said "At Nov. 5, at Northampton invited to attend includare: Cara Seward, Kayat home vs. Pleasant last vear's Alumni Night Area High School. we had about 50 alumni "The Northampton cheerleaders on the side- High School competi-

The

The

ing both recreational la Cowitch and Megan Northampton and high school teams.

The middle school tion team will be hosting coach is Courtney

Northampton their 2nd annual compe- Kokolus and the JV Marker.



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#### Volleyball team returns some experience

BY TOM WENBORG Special to the Press

Northampton squad will see a greater transition than the girls volleyball team.

Their six members of the class of 2023 combined for over 15 varsity seasons as starters and were the backbone of the program's first backto-back appearances in both the EPC and District XI tournaments.

Third-year head coach Mike Holihan assessed his varsity roster.

"My two seniors have been with the program for four years and my six juniors all have had varsity experience for the last two years," he said. "I think we have more experience than it looks like on paper."

Senior tri-captain Addison Morgan takes over the critical setter duties from 3rd team EPC All-Star Molly Hughes. Senior Jessica Domchek and junior Morgan Chandler are the other captains.

Senior Alyvia Schlegel, juniors Elizabeth

man, Alyx Cole, and to have a good time, but Quinn Micheli, soph- then they switch it on omore Leah Everhart, when they get on the and freshman Claire court. Luckenbach round out the varsity roster.

tify who his potential ready to win games, but be Holihan opined.

Chandler, she's one of make a run." my juniors," he said. "Last year, she was in challenging and out of the lineup on in 2023. In addition to the outside. The amount their home-and-home of work she put in over games against their the summer is impres- EPC West division foes

have a freshman, Claire North in the EPC. Their Luckenbach, she's going 2 non-league games are to be playing middle for against traditionally me. I couldn't believe strong programs Southhow strong she was ern Lehigh and Notre coming out of middle Dame G.P. school.'

impressions on the overgust 26 hosting Southern all state of the team.

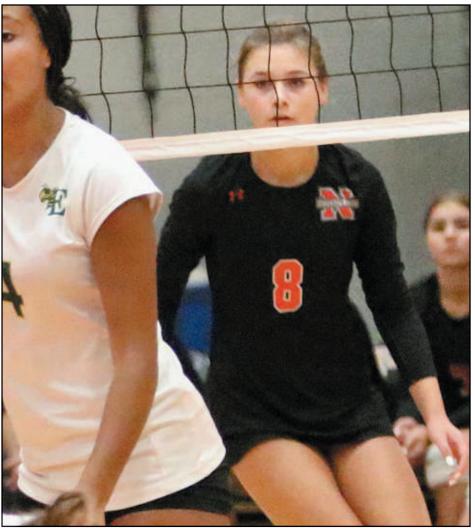
have the best senses of

Sheldon, Claire Erd- humor. They know how

ickenbach round out e varsity roster. together. It's going to When asked to idenber a challenge to get us breakout players might once they start winning and everything clicks, "I think Morgan we might be able to

The team faces a schedule Parkland, Emmaus, "Claire Erdman did the same thing, she put in the work. They're both stronger, faster, and hit the ball harder. I Stroudsburg, and ES

The season kicks off Holihan offered his Saturday morning Au-Lehigh with a second "The biggest thing is home match, against that these girls are hi-central, the following larious," he said. "They Monday night.



Clair Erdman, right, is back for the volleyball team this season.



PRESS PHOTO BY LINDA ROTHROCK

#### **Northampton Band**

Members of the band were getting ready for the season with a practice session this summer back in early August at Northampton High School.

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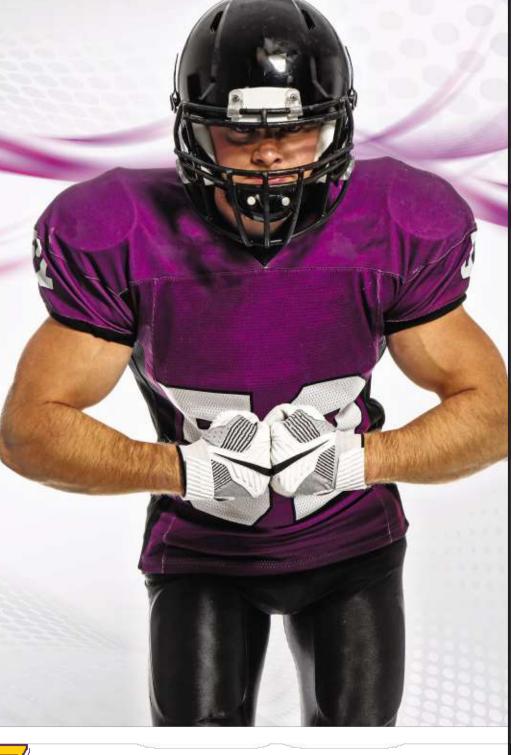
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## Boys look to pick up where they left off

BY SCOTT PAGEL spagel@tnonline.com

Despite coming off a great season in 2022, the Northampton boys soccer team doesn't have any plans to let up.

The Kids finished as the second seed in the EPC and advanced all the way to the finals before a tough, 2-1 loss to top-seed Parkland. The Trojans would go on to win the District 11 title as well.

"The expectation for

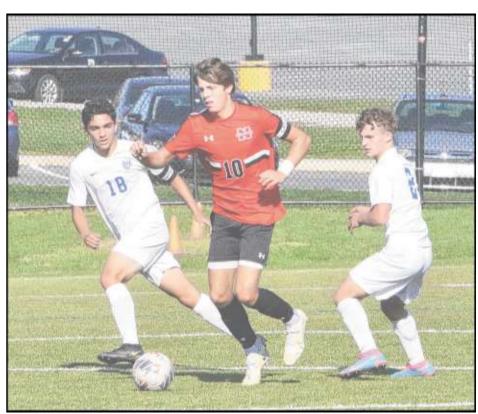
head coach Christ Basti- ore. Mason Haupt and das, who enters his sec- Aaron Gutkowski. ond season. "We want to qualify for districts, we are coming off a compete for a district ti- great season, but we also tle, and then have a state know that we lost key playoff run."

Schrampf, the keeper.

Other players to victories."

Northampton soccer watch for NHS are: Dandoesn't change," said te Keen, Antonio DelPri-

players in certain posi-Key players back tions and that we will for Northampton are: have to adjust accord-Jackson Vajda, Delali ingly," Bastidas said. Tsome, Sebastian Mel- "We have to know that lo, Brady, Dolak, Brody this year is a different Einsenhart and Ethan year, and that we have to go out an earn all our



Jackson Vajda is a key, returning player for the boys soccer team this coming fall season.



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Brady Dolak is another key player back for the boys soccer team.

## Girls soccer excited for 2023 season

BY TOM WENBORG Special to the Press

Northampton The girls soccer team enjoyed a successful campaign in 2022, qualifying for both the EPC and District 11 tournaments.

They advanced to the district semifinals where they lost a tight game to EPC and district champion Parkland.

Head coach Michael Missmer is optimistic about the team's prospects this year.

"We're excited about the season," he said. "If we do things right, this could be the best year ever. The kids worked hard and they really stepped up and it gives us this wave approach where we have depth in the number of kids who can help us. They may come in off the bench,

play."

this season will be finding scoring options. The leading scorer from last Nazareth in a district keep the score close. quarterfinal upset, suffered an injury and will buying into a patient miss the season.

Missmer feels that his offensive approach will several players to con-

ing to mark us and we couple of minutes left." play long, great. But we

but they can actually want to keep possession so when we play the top The key to success teams, if they don't have the ball, they can't score.

"That's our plan."

If it takes some time year's team, Danika for the offense to gel, the Cuchran graduated and team can be confident rising sophomore Bri- that they have junior elle Szoke, who scored Emma Fry, a 2nd team the lone goal against EPC All-Star in goal, to

Missmer stresses approach as his team develops.

"The girls recognize yield opportunities for and trust that wherever we are now, we will be tribute on the offensive better once the playoffs d. start," he said. "Last "The long ball option year, Nazareth beat us is always there, espe- in the regular season. cially this year with the We beat them in the speed that we have," playoffs. Parkland beat he said. "If we do get us 6-0 in the regular seaourselves to the point son and that semifinal where everybody's try- game was a 1-0 with a



Emma Fry will be a steady force in goal for the girls soccer team.





Deric Fritzges is back this season as a returning district qualifier.



Liv Jusinski is just a sophomore but a returning D-11 qualifier.

## Despite lower numbers, harriers have high hopes for this fall season

BY SCOTT PAGEL spagel@tnonline.com

Every high school coach always thrives to have high numbers for their sports program.

While some schools can seemingly pull this off with every sport, every year, it's not always realistic.

This year, Northampton cross country teams don't have the numbers they had recent seasons..

"We have a smaller

group this year with Dan Benner. "We had with the high school a slight shakeup with team." the coaching staff with dle school coach. Melis- ence. sa gave us seven great

While the numbers Jackie Gredja replacing are lower, the teams do returners from last year past years in junior Ol- winning record in the Melissa Davis as a mid- bring back some experi- with senior Nate Lopez, ivia Kuhns and senior EPC for both boys and

11 runners from last Krystian Komlani.

"Coach Jon Stevens year. For the boys they eight girls and seven joins Coach Gredja and are seniors Braeden above .500 this year, Perl. boys on the team, but we returns for his sixth Lower and Deric Fritz- these four will need to have been happy with season as middle school ges along with Junior continue to work hard are down a little bit the effort and attitude coach. And Coach Mike Abel Veltri. The girls and be ready to fill a from the last few years so far at the onset of the Miller is back for his are sophomores Liv larger role this year," season," said head coach fifth season coaching Jusinski and Rachel Ma- Benner said. kary, joined by senior Nikita Yessen.

junior Edwin Wright, Abby Enstrom. They girls. We are really fo-On both the boys and and sophomore Caden will be combined with cused on culture and years and we thank her girls side the Kids have Dempsey. There is one some new runners in getting back to a winfor all the time she put three returning District new runner in senior sophomore Juliana Jo-ning mentality."

seph and freshmen Au-

"For our team to push rora Greene and Jocelyn

"While the numbers overall, the team has been in great spirits and The girls also have a has been working hard," couple of returning ex- Benner said. "The goal The boys have other perienced runners from is to try and push for a 12. SUPPLEMENT AUGUST 2023



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