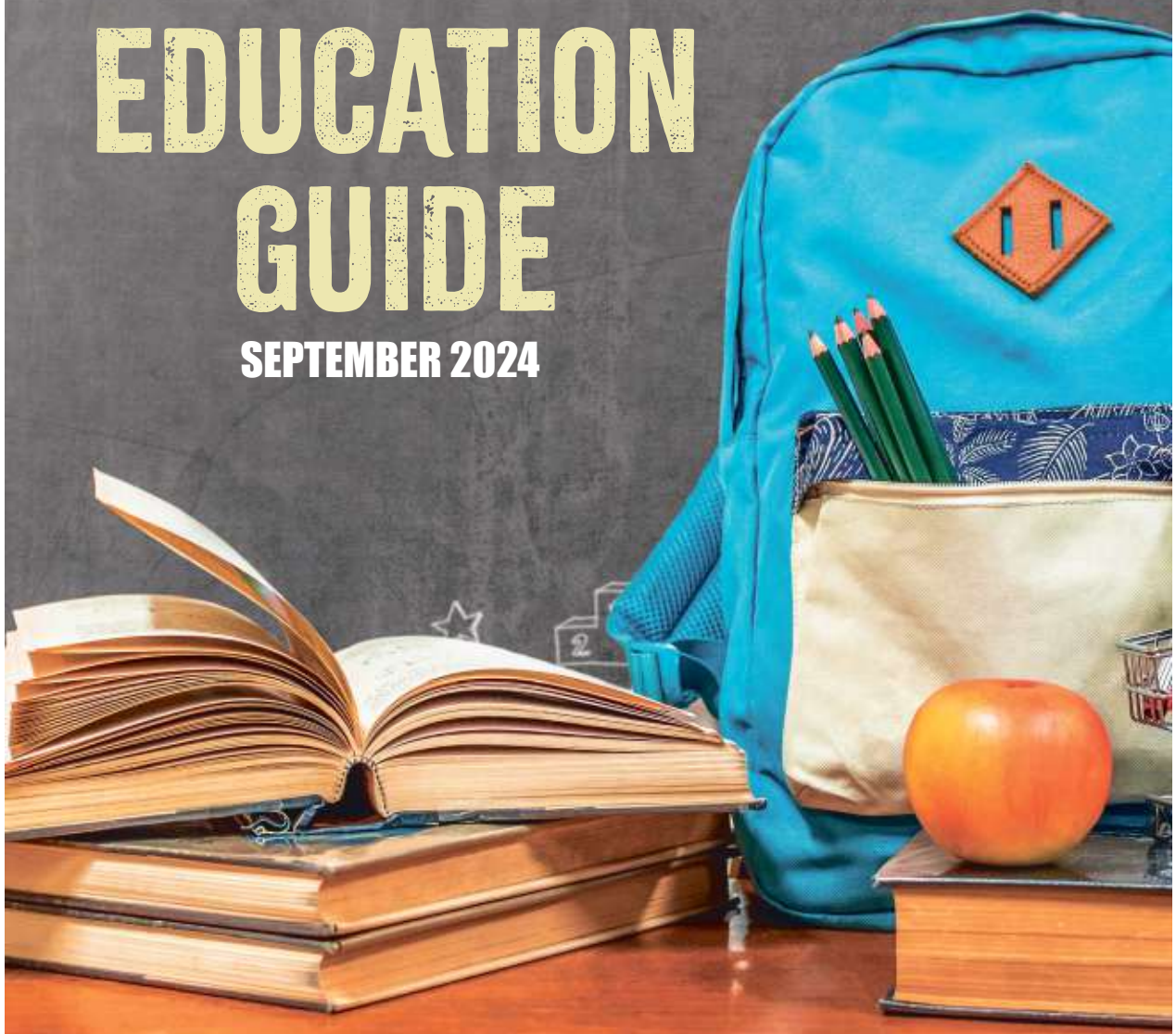




EDUCATION GUIDE

SEPTEMBER 2024



A SPECIAL SUPPLEMENT TO

TIMES NEWS | **LEHIGH VALLEY PRESS** **LVP**

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TIMES NEWS

— MEDIA GROUP —

TIMES NEWS

TNONLINE.COM

594 BLAKESLEE BLVD. DR. W., LEHIGHTON, PA 18235

610-377-2051

LEHIGH VALLEY PRESS LVP

LVPNEWS.COM

1633 N. 26TH ST., ALLENTOWN, PA 18104

610-740-0944

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Recognizing vision problems in kids

Although vision loss is typically associated with aging, people of all ages can experience issues that contribute to diminished vision. Sometimes parents may be unaware that their children have low vision or other issues compromising their sight, particularly when children are too young to verbalize their impairments. The Mayo Clinic notes additional symptoms, such as squinting while reading or holding reading material closely may be more apparent.

Parents, caregivers and even teachers can keep an eye out for these symptoms to determine if kids are having vision problems.

- **Blurriness:** A child may complain of things being blurry, whether that means words in a book or on a smart screen in the classroom.



- **Headaches:** Straining to see better can cause headaches. If a child starts complaining of frequent headaches, an eye exam may be in order.

- **Attention span:** If your child quickly loses interest in games or other lengthy activities, it may be that poor vision is making it more difficult to fully participate.

- **Losing place:** Someone with vision issues may experience difficulty

keeping track of words while reading.

- **Eye rubbing:** Prevent Blindness says rubbing tired eyes can be an indicator of a vision problem, as can tilting one's head or thrusting the head forward.

- **Feeling dizzy:** Some people with vision problems feel dizzy or out of sorts at times.

- **Physical symptoms:** Sometimes vision problems may be apparent be-

cause you can see there is something amiss. Eyes that don't line up, eyes that appear crossed, redness in the eyes or rims, or red, inflamed eyes can be symptomatic of a vision problem.

- **Eye exam results:** Eye doctors conduct a series of tests during an eye exam. During an automatic refraction test, visual acuity can be measured when an autorefractor shines light into the eye and measures the eye's response. It's commonly used with children who cannot communicate what they're seeing and can help diagnose vision trouble.

Vision issues can present themselves in children and not be as readily apparent to the adults in their lives. Familiarizing oneself with certain symptoms is a way to diagnose vision trouble earlier.

Kutztown University: One move closer to success

Kutztown University students are success stories in the making. They are part of a caring campus community that feels like home, and KU offers all the opportunities and resources of a large university.

KU supports students' academic and personal achievement by providing high-quality services that help them make the most of their time at KU. Whether students need a tutor for a challenging class or want help writing their first resume, KU offers the support they need.

KU also understands the financial commitment of higher education and is dedicated to helping students and families achieve their goals. About 80% of Kutztown students receive financial aid in the form of scholarships, grants, loans or student employment.

Whether KU students want to play a sport, take a day trip, shop downtown or join a club, they can find ways to connect and grow.

As a member of the State System of Higher Education, KU enrolls about 7,400 undergraduate and graduate students. It offers more than 200 student organizations, including Greek, academic, religious, cultural, social, athletic and performance-related groups. The university also offers specific organizations for students transferring from another college or university.

At KU, students learn the skills to excel in the workforce, attend graduate school and achieve success. They are making an impact at companies like Air Products, Lego, Google, Adidas, the Mayo Clinic and many others in the Lehigh Valley and beyond.

The journey of personal growth starts at KU. When students graduate, they're capable of accomplishing any goals they set for themselves. At Kutztown University, it's good to be golden.

Fall is the perfect time to visit Kutztown University. Go to www.kutztown.edu/visit for details.

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> **130** <

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12

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200

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23

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80%
of students

receive some type of financial aid

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KUTZTOWN UNIVERSITY

Do you have your school supplies?

Millions of students have returned to school. Some may have been excited to return so they can see their friends again each day, while others lamented the loss of carefree days under the warm summer sun.

Regardless of which category students fall into, the right supplies help the new school year get off on the right foot.

Some teachers provided students' parents supply lists prior to the start of a new school year to let them know which supplies kids will need during the year. But the following grade-based rundown of supplies can help families keep their students well stocked throughout the year.



Kindergarten

Kindergarten marks most students' initial introduction to formal schooling, and this exciting year of school is filled with lots of fun and new experiences.

Some of the more common supplies kids need for kindergarten include:

- Pencils
- Colored pencils and crayons
- Washable markers
- Erasers
- Pencil case
- Pencil sharpener
- Glue sticks
- Children's scissors with a blunt tip
- Tissues
- Backpack
- Lunchbox/bag
- Headphones

Elementary school

Elementary school students typically need different supplies based on which grade they're in.

Children between first and third grade may be asked to bring many of the same supplies as students in kindergarten, including pencils, washable markers, colored pencils, glue sticks, and children's scissors.

But first, second and third grade students also may be asked to bring some additional supplies, including:

- Ruler
- Pencil grips
- Index cards
- Wide-ruled notebooks
- A box for supplies, including pencils

Fourth and fifth graders

Will likely be asked to bring supplies that align more with academics than arts and crafts. Such supplies may include:

- Calendar
- Personal organizer
- Binders
- Loose-leaf paper
- Spiral notebooks
- Calculator
- Pens
- Plastic folders
- Highlighters
- Book covers

Middle school and high school

By the time children reach middle school and high school, parents are well-versed in supply shopping and likely know what is required. But some of the more unique items parents may be asked to provide for students in these grades include:

- Graphing calculator
- Graph paper
- Permanent markers
- Combination lock
- Protractor
- White-out
- Three-ring binders

Families are urged to reach out to educators or visit school websites to determine if there are any specific items kids will need. Teachers may also have a list of supplies, like tissues, that they would need to help students throughout the year.

You Belong at ESU, Where Scholarship Opportunities Help Students Attend College, Pursue Career Goals

ESU is Where Warriors Belong, and it's where David Akinwande belonged – which helped him land a position at Children's Hospital of Philadelphia after graduating with his nursing degree.

"ESU gave me the opportunity to develop skills, knowledge and confidence to work at one of the country's most prestigious children's hospitals," said Akinwande. A member of ESU's football program and president of the Student-Athlete Advisory Committee, he also helped administer vaccines during the COVID-19 pandemic. Join him at wherewarriorsbelong.com.

Pocono Promise, Transfer Scholarships Among Financial Aid

Offerings

ESU has many resources to provide affordable and accessible opportunities, including the **Pocono Promise**, which is available for PA residents and covers the entire cost of tuition after Pell grant and PA state grants are applied. Institutional grants cover the remaining tuition balance.

There are also **Platinum/Gold/Silver Transfer Scholarships** for students from select regional community colleges, with awards from \$6,000 to \$2,000 annually.

Students applying for scholarships must meet specific requirements, available at ESU.edu/merit or contacting admission@esu.edu.

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lower than tuition at large research universities and private colleges in PA, NY and NJ, and in 2022-23, ESU awarded **more than \$2 million in scholarships**.

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ness management; social work and criminal justice; psychology; and our nationally-accredited teacher certification preparation programs.

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See For Yourself

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Saturday 5/18 – Visit Day

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Parental involvement is a key factor in students' performance

Success in school can carry over to successful experiences later in life. That underscores the benefits of developing skills in the classroom.

Students learn in their own way, and at times there may need to overcome various obstacles.

The job of education does not fully fall on educators and administrators. Education begins at home.

Research has found that kids benefit significantly when parents and other caregivers are strongly involved in a child's education.

A 2020 study published in the *Journal of Prevention and Intervention in the Community* found that parental involvement in a child's education is associated with improved academic performance.

Specifically, children whose parents are more involved in their education have higher levels of academic performance than children whose parents were not as involved.

A 2005 study from researchers at the Johns Hopkins University Center of School, Family and Community Partnerships showed that school practices that encourage families to support their students' math learning at home led to higher percentages of students scoring at



or above proficiency on standardized math tests.

Additional research indicates the benefits also extend to other subjects and areas of learning, including language comprehension and expressive language skills.

With so much to gain from parental involvement in students' education, parents can embrace these strategies to get more involved.

- Develop a partnership with the teacher. Open communication with the teacher(s) can help parents stay up-to-date on what is going on in the classroom and learn early on where a

student may need extra support. Then parents can offer extra guidance if it is feasible, or look into an experienced tutor.

- Be firm but supportive. Too much academic pressure may cause a child to pull back or even test boundaries, and that can lead to students falling behind in school. Parents must find the right level of involvement and guide their kids without sounding like good grades are “make or break” the relationship.

- Attend school functions. Parents can go to open houses, back-to-school nights, conferences, and other events held at school to show support and interest in their

children's education. Involved parents also build school-based networks this way, which can be called upon if their student needs additional support in the future.

- Establish a schedule at home. Students can benefit from a schedule, with regular bedtime, homework time and opportunities to relax. Knowing what to expect and when to expect it can take some of the stress out of learning and studying, according to Nemours health.

Parents working in concert with schools and their children can lead to better academic outcomes.

Enriching non-sports activities

A school experience goes beyond lessons learned in the classroom.

Part of what helps shape well-rounded students are the skills they sharpen and memories they make while engaging in extracurricular activities.

Extracurricular involvement shows that students can stick with activities for extended periods of time, indicates they have passions and interests, and illustrates that they can take initiative outside of their schoolwork.

Athletics is a popular extracurricular activity. A love of sports often develops in elementary school, with children participating in recreational or school-based leagues each year. That enjoyment of the game only builds in middle school and high school. However, there are plenty of students who are not sports enthusiasts but still fill their after-school hours with activities that can help cultivate leadership, teamwork, time management skills, confidence, and much more.

The following are some extracurriculars that go beyond the scholastic playing fields.

- **Arts activities:** These can include painting, sketching, ceramics, jewelry-making, and yarn work.



- **Band or chorus:** Music instruction is ideal for those who want to explore a passion for singing or playing an instrument.

- **Theater:** Students can participate in theater productions after school. It's possible to get involved both in front of the curtain and behind with positions in the cast, crew and even promotional team.

- **Newspaper:** Many schools still produce student-led newspapers in print or digital versions. Students handle all of the roles, from reporting, editing, photography, and managing the publication.

- **Foreign language clubs:** Students may want to expand on their foreign language studies by participating in language clubs. Often these clubs include learning more about

the cultures where specific languages are spoken, including exploring culinary delights and possible travel.

- **Philanthropy:** Like-minded students may want to participate in school-organized volunteer activities. These keep students busy, but also benefit recipients in many ways. Activities can include beach sweeps or volunteering at animal shelters.

- **Coding and programming:** Students can learn the basics of writing code and building computer applications or websites.

- **Culinary arts:** Certain schools may be equipped with kitchen facilities and still offer elective courses in culinary arts, while others may reserve cooking classes to extracurricular activities. If a school does not have a culinary club, chances

are students can find a cooking class offered through a private group.

There are plenty of extracurricular activities to engage students who are not interested in athletics.

Students also can start new clubs if there are deficits in offerings at their schools.



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Back to school can mean a return of lice

The start of a new school year often means shopping for supplies, making new friends and getting acclimated to the teaching styles of new teachers. Unfortunately, a new school year also can mean head lice.

The Centers for Disease Control and Prevention says there is no precise data regarding how many people get head lice each year.

However, an estimated six to 12 million infestations occur each year in the United States among children between the ages of three and 11.

What is head lice?

The Minnesota Department of Health says a head louse is an insect that can infest people. Lice make their homes in human hair and feed on blood.

Head lice multiply rapidly by laying small, gray-colored, oval-shaped eggs known as nits. The nits are sticky and attach to the base of the hair close to the scalp.

Unlike other bloodsucking insects, such as mosquitoes or ticks, head lice are not known to spread disease.

Who gets head lice?

Head lice do not discriminate when they choose a person. They are equal opportunity feeders and will hop on just about any scalp for a meal. Head lice are not indicative of a lack of hygiene.

The CDC says infestation with head lice is most common among preschool- and elementary school-aged children and members of their household, including caretakers.

What are the signs of head lice?

Itching is the most common symptom of head lice, says the Mayo Clinic.

A louse bite causes an allergic reaction. Itchiness may occur on the scalp, neck and ears.

During visual inspections of the hair and scalp, one may be able to see lice and nits. However, both the eggs and the lice themselves are very small, so it can be challenging to spot them.

Parents and caregivers who suspect a child has lice should consult with a school nurse or a pediatrician.

Studies show that many children are treated for head

lice with home remedies or nonprescription medications when they didn't even have lice. Dandruff, residue from hair products, scabs, or even dirt can be mistaken for lice.

How can head lice be prevented?

The most common way to contract head lice is through head-to-head contact. Children should avoid head contact during play and other activities at school and home. Although transmission through shared brushes, combs, towels, hats, and clothing is less common, it is still possible, so sharing of these items should be discouraged.

The CDC says using a hot water cycle in the laundry and the high heat drying cycle can kill head lice on clothing and other items. Seal items that cannot be washed in a plastic bag and store them for two weeks.

Vacuum the floor and furniture to remove any nits or lice that have fallen off the head. Fumigant sprays or fogs, which can be toxic if inhaled, are not necessary to control head lice, indicates the CDC.

Study tips for a strong start in school



Studying is vital to academic performance. At the dawn of a new school year, students get a fresh start to improve upon or continue strong their study habits.

Teachers will be rolling out their curricula, and that may feel overwhelming. However, optimizing study skills can boost confidence in school and in areas outside of the classroom.

These study tips can put students on a path for success.

- Find your optimal study space.

The ideal study spot varies from student to student. Some need a quiet nook in the library, while others may prefer the sounds of nature while seated on a park bench. There's no one-size-fits-all study location, so students may need to experiment with what works best for them.

Also, The Princeton Review says that a student doesn't need just one study space.

He or she may find a change of scenery can prompt the brain to retain information better.

- Devise a study plan. Setting goals and a plan of attack

allows students to space out their studying over several days. This can reduce stress and make the task seem less cumbersome.

- Avoid cram sessions. Devising a study plan is better than cramming the night before a test. The American Psychological Association says students may perform well on a test for which they've crammed, but that doesn't mean they've truly learned the material. Studying with a goal of retaining the material long-term is important.

- Learn how to actively study. Some students think that studying requires reading over the material or highlighting text.

Active studying involves engaging with the material and constructing meaning from the text.

One way to engage with the material is to try acting as the teacher and explaining concepts to another person.

Creating a study guide or even concept maps also helps one actively study.

- Balance intensity with laid-back study approaches.

Students may procrastinate with their studying because they don't want to devote a lot of time to the task.

Instead, they can do shorter sessions mixed with longer sessions of studying.

In fact, The Learning Center at the University of North Carolina at Chapel Hill says shorter, intensive study time can be more effective than drawn-out studying.

- Ask for help. Asking a teacher or another student for help is not a sign of weakness. It's a good strategy to develop early on.

The longer one waits, the more difficult it may be to catch up on material. Asking for help goes hand-in-hand with setting up a buddy system for studying.

Study groups enable students to go over material together, which can provide different perspectives and help the material resonate more effectively.

Students will spend a lot of time studying while in school.

Learning how to do it effectively is vital to fulfilling one's academic potential.



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Indiana University of Pennsylvania

Demand is rising for career and technical education



A four-year college degree is not necessarily the next step for students after they graduate from high school. The rising cost of college tuition has revitalized interest in career and technical education (CTE).

According to data from the National Student Clearinghouse, enrollment at community colleges rose 2.6 percent in 2023 compared with a year earlier, enhanced by a 16 percent surge at schools with a focus on CTE. Similarly, a survey by Edge Research commissioned by the Bill & Melinda Gates Foundation found on-the-job training seems to be more valuable to both high school students and non-enrolled graduates than a four-year degree, with 83 percent of the former stating it is excellent or good in value, compared to 80 percent for college. Favor for CTE schools is up 63 percent from the previous year.

The New England Association of Schools and Colleges says CTE has evolved from a traditional

vocational school model to one that offers academics and skills for higher education and careers in skilled trades, technology and applied sciences. Demand for this type of education continues to grow, with various state superintendents and directors of CTE programs indicating they can only accommodate a fraction of the applicants they get for CTE programs.

“Since 2004, Vermont has seen a decrease in its overall student population, however we have had an increase in CTE students in that same period,” says Jay Ramsey, Vermont State Director for Career and Technical Education.

While a traditional four-year university might be the right path for some individuals, CTE has proven ideal for many others. New York City schools Chancellor David Banks has said it’s a sentiment being shared across the nation, that there is another way and another track for students to be successful. CTE may help students

get more excited about school and view themselves in careers they may not otherwise be exposed to.

The National Center for Education Statistics puts the average annual tuition for a four-year degree at a private institution in the United States at roughly \$35,000 (and public at approximately \$10,000. Room and board costs also must be considered, and those can increase the overall cost by a significant amount. The average tuition for a trade school can be around \$17,600 a year, but rates vary based on the trade. Most of the CTE schools do not require students to reside on campus, which helps to save money.

Exploring the Career and Technical Education route can be highly satisfying and financially rewarding. Careers are diverse, and students can find a track that enables them to start training and working by investing less than they would if they were to attend a traditional college.

Signs of ADHD in children

Rates of attention deficit/hyperactivity disorder (ADHD) among children are high. A 2022 survey from the Centers for Disease Control and Prevention found that more than 11 percent of children between the ages of three and 17 have been diagnosed with ADHD.

Though ADHD is slightly less common among youngsters in Canada, affecting between 5 and 7 percent of the nation's children according to the Centre for ADHD Awareness, Canada, it's still considered one of the most prevalent neurodevelopmental disorders in the country.

The name alone sheds light on the potential impact ADHD can have on students' academic performance.

Children who struggle to remain attentive and/or sit still are likely to have problems in a traditional classroom setting. But students and their families are not helpless against ADHD.

The first step parents can take is to learn the warning signs of ADHD in children. The United Kingdom-based National Health Service reports that symptoms of ADHD can be categorized into two types of behavioral problems: inattentiveness and hyperactivity and impulsiveness.

Inattentiveness

Inattentiveness is marked by difficulty concentrating and focusing. Children experiencing inattentiveness as a byproduct of ADHD may exhibit the following symptoms:

- A short attention span and being easily distracted
- A tendency to make careless mistakes in schoolwork or when engaging in other tasks



- Forgetfulness and a propensity to lose things
- An inability to continue performing tasks that are tedious or time-consuming
- Difficulty listening to or carrying out instructions
- Constant pivoting between activities or tasks
- Difficulty organizing tasks
- Excessive talking
- An inability to wait one's turn
- Acting without thinking
- Interrupting conversations
- Little or no sense of danger

Hyperactivity and impulsiveness

Symptoms that fall under the category of hyperactivity and impulsiveness can adversely affect academic performance and also lead to difficulties with social interaction with other children and adults.

Such symptoms may include:

- An inability to sit still, especially in calm or quiet surroundings, such as a classroom
- Constant fidgeting
- An inability to concentrate on tasks
- Excessive physical move-

Parents who suspect their child has ADHD are urged to speak with the child's physician before drawing any conclusions.

Many youngsters, particularly those experiencing classroom settings or other disciplined, highly structured environments for the first time, may exhibit some of the aforementioned symptoms but not have ADHD.

A frank discussion with the child's physician can help parents determine if their child is exhibiting typical childhood behaviors or perhaps showing signs of ADHD.

More information about ADHD is available at cdc.gov, www.nhs.uk and caddac.ca.

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Academic performance can be affected by eyesight

Many variables affect students' academic performance. These include a willingness to learn, students' attentiveness, having a great teacher, and kids' commitment to studying and doing homework. One component of academic performance can be easily overlooked: eyesight.

The M.M. Joshi Eye Institute in India says vision problems in children can affect studies and restrict students' academic development. Academic performance is directly linked to the ability to see clearly, as vision affects reading, writing, comprehension, and classroom participation. Clarendon Vision Development Center of Illinois advises that a substantial part of a child's education is acquired through visual processing. When that vision is impaired, it can hinder the ability to learn and absorb information effectively.

Impaired eyesight The relationship



may cause students to struggle and fall behind. This ultimately can lead to a lack of engagement in classwork and ultimately make them consider giving up, particularly when a student is unaware that it is eyesight and not another factor affecting their ability to learn.

Furthermore, poor grades may cause parents to mistakenly conclude a child has a learning disability or is slacking off.

between eyesight and education underscores the significance of routine eye exams. Intervention can help prevent poor academic

performance. Infants often get their first comprehensive eye exams around zero to 6 months of age. By age 3, children should have a second eye exam, says Medical Optometry America. Around age five or six, children should receive a third comprehensive eye exam, just before entering school.

Eye exams should then be scheduled at least every two years. These guidelines can be adjusted if any vision problems are detected and more frequent exams are needed.

Eyesight plays a key role in a child's ability to learn and excel in school.

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Athletes are ready for action during fall sports

Scores of student athletes participate in scholastic sports each year.

Next College Student Athlete (NCSA), an organization that connects young athletes with college coaches, says high school sports in particular provide competitive experiences for nearly eight million student athletes each year.

Schools follow seasons that determine when certain sports are played in a school year.

Sports seasons are largely consistent across the country, though there are some exceptions.

It is always best for potential student athletes to understand how their schools break down seasons so the opportunity to participate in a sport of choice in any given year is not missed.

Generally speaking, here is a list of the sports student athletes can expect to encounter as part of the fall season, courtesy of the New Jersey State Interscholastic Athletic Association.

Field hockey

A field hockey season typically begins in mid- to late-August. Field hockey is similar to ice hockey but is played on grass or a turf field. It also uses a hard ball instead of a puck.

Each goal scored in field hockey is worth a single point. Although both boys and girls can play field hockey, on the high school and collegiate levels in the United States, field hockey is traditionally a girl's sport.

Cross-country

USA Track & Field indicates cross-country is a sport in which teams and individuals run races on outdoor courses over natural terrain.

Cross-country courses may be set up in parks, open country, fields, golf courses, and grasslands. The runners are



known as harriers, and the goal is to come in at the lowest time for the set course.

Football

American football is one of the most popular fall sports across North America among athletes and fans. NCSA says football attracts more than one million players each year. The object of the game is to score more points than the opponents in the allotted time.

Each team gets four downs to move the ball 10 yards forward. There are 11 players from each team on the field for each play.

Gymnastics

Gymnastics requirements vary depending on location, and competitions feature a specific number of skills to be displayed in routines.

Gymnasts will compete on different equipment, including bars, beam, floor, and vault. Chalk Bucket Gymnastics Community says skills are valued at medium, superior, high superior, and bonus high superior.

Soccer

Both boys and girls play soccer during the fall season. Each team consists of 11 players, and games

are split into two halves.

Games are shorter at the youth soccer level than professional play and the game may run two 40-minute halves.

Tennis

Girls participate in tennis in the fall while boys do so in the spring.

Players will be assigned as singles and doubles and some schools may restrict singles play to varsity teams.

Sherwood Tennis says match lengths vary by varsity and JV. Sets must be won by two games.

Volleyball

Girls play volleyball in the fall while boys play in the spring. Generally speaking, volleyball consists of six players per team on the court at a time, designating "front row" and "back row" positions, says USA Volleyball.

All players rotate clockwise through the six positions on the court.

To win a game, a team must earn 25 points with a two-point difference.

Sports can be a big part of students' lives, and the fall season can be an especially exciting time for young athletes.

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- Reading slows cognitive decline. Natural aging results in a decline in memory and brain function over time, but reading can help.

According to research published in the journal *Neurology*, reading may help slow that process and keep minds sharp.

- Reading improves concentration and focus. Technology draws a lot of attention, and those fast processing times and almost instant gratification can shorten attention spans.

Reading requires undivided attention and focus, which can improve one's ability to concentrate.

- Reading produces a sense of accomplishment. Reading anything from a newspaper article to a novel helps people check off measurable goals.

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- Reading is free entertainment.

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READING

Continued from page 19

from a friend, reading is free. It's possible to educate oneself, travel to far off lands or even solve mysteries having making a major financial investment.

- Reading enhances literacy.

Frequent reading introduces the reader to new vocabulary and information. This enhances both literacy and intelligence.

- Reading leads to higher intelligence later on.

A study of 1,890 identical twins in the United Kingdom found that the twins who had early reading skills seemingly had more positive results for higher intelligence later in life.

- Reading can help a person relax. Reading may help reduce stress and even induce relaxing feelings so that a person can drift off to sleep.

A 2009 study by Sussex University researchers showed that reading may reduce stress by as much as 68 percent. Furthermore, reading takes a person away from screens (provided they're reading paper books and not e-books), which can contribute to losing 20 minutes of sleep on average, according to research published in Pediatrics.

There are many reasons to curl up with a good book, as reading is beneficial to both mind and body.



Career paths in the field of CTE

Career Technical Education (CTE) programs offer students access to a wide range of career paths.

If high school students were once advised to focus primarily on traditional four-year universities as their next step after graduation, more and more of today's students are considering CTE programs as they seek to find rewarding, lucrative career paths.

Students considering CTE may be intrigued to learn that employment prospects figure to be substantial in the years to come.

In fact, the Association for Career & Technical Education (ACTE) projects a deficit of 6.5 million skilled workers by 2030, which suggests students who enroll in CTE programs should encounter a thriving job market upon graduation.

With that in mind, students wondering if a CTE program could be the next step in their academic journeys can explore a number of different career tracks.

Agriculture

Farming may come to mind when individuals think of the agricultural sector, but there are many additional pathways within the industry as well, and various CTE programs can prepare individuals for such careers.

The career resources experts at Indeed note that CTE programs may focus

CTE programs can prepare students for careers in various industries, making this option worthy of consideration for students pondering their next move after high school.

on agribusiness systems, environmental service systems, food products and processing systems, and plant systems, among other paths.

Aspiring farmers, agricultural inspectors, park rangers, wildlife administrators, and others can look into CTE agricultural programs as they consider the next step in their academic careers.

Business

Indeed notes that business courses are popular CTE courses because they teach students the ins and outs of business operations.

That's vital knowledge for students who ultimately aspire to own their own business.

In addition to the technical training students receive in CTE programs, the focus on business ensures students also are well-trained in the everyday tasks necessary to run a successful business, including general management, human

resources and operations.

Construction and architecture

According to Indeed, CTE programs focusing on construction and architecture teach students about the principles of designing and drafting structures. Construction technician, construction inspector and project estimator are some of the popular career paths among students who enroll in construction and architecture CTE programs.

Health science

Careers in health science also may appeal to students who want to find rewarding careers in in-demand fields in the years ahead. Health science CTE programs are wide-ranging.

A program that offers instruction on biotechnology can prepare students for a career as an emergency medical technician.

Various other specialties can prove equally beneficial to students interested in working in a health care setting, and those jobs figure to be in demand in the decades to come as the aging population continues to grow.

CTE programs can prepare students for careers in various industries, making this option worthy of consideration for students pondering their next move after high school.

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SUCCESS IN VETERINARY SCHOOL ADMISSIONS

Delaware Valley University students have an excellent success rate for acceptance to veterinary programs. Over the last decade, countless alumni have attended veterinary schools across the country and around the world. “The feedback we receive anecdotally is that our students are well prepared because they have worked directly with animals for four years. It has been especially noted that they have hands-on skills handling livestock,” shared Linda Detwiler ’80, D.V.M, member, Board of Trustees.

Whether our students major in equine, small animal science, animal science, or biology, DelVal pre-veterinary students have significant experience due to the Experience360 program. This sets our students apart from many other applicants who typically have just two years of experience working with animals during their college experience. Seven of the top 25 veterinary schools in the U.S., per U.S. News & World Report 2023 rankings, are included in DelVal student acceptances for 2023 and 2024 graduates.



In Fall of 2022, 15 DelVal students were accepted and started veterinary school, including Nina Dellarte ’21, who graduated with a B.S. in Animal Science (Pre-Veterinary) and a minor in Equine Science. She was accepted to the School of Veterinary Medicine at both Tufts University and the University of Pennsylvania. She enrolled at Penn Veterinary and now serves as president of the class of 2025.

“Our programs place major emphasis on the safety and welfare of our horses,” said Dr. Cory Kieschnick ’07, Ed.D. ’22, chair of the Department of Equine Science and Management and director of Equestrian Teams at DelVal. “The concept of a ‘social license to operate’ has become a focus in our industry. This is not new for DelVal, in fact, it is incorporated in everything we do.”

In addition, the strong work ethic that our students bring every day along with daily opportunities for hands-on learning, really sets DelVal graduates apart in the field.



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100% of DelVal students graduate with real-world experience on their resume through our award-winning Experience360 program (E360). Based on the concept of science with practice, or learning by doing, E360 is much more than an internship program. You will:

- ▶ Explore career paths within your major
- ▶ Gain hands-on experiences in classrooms, laboratories and beyond
- ▶ Engage in leadership opportunities through athletics, student government, or one of our 70+ clubs and organizations
- ▶ Conduct research or independent study
- ▶ Intern at a top company in your field
- ▶ Differentiate yourself in a competitive job market

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